

VMI – V211-27-004
Fitness Equipment Repair & Maintenance
due Date Aug 12, 2026

Attached are the Documents requested

Estimate is per Quarter(Per Visit) – 4 Visits per Year

Please note on The Estimate:

- 1) the Estimate Includes all Labor Charges for any and all Repairs Needed.
- 2) the Estimate also Includes Service & Diagnostic Trip Visits.
- 3) on Call as Needed.

*****NO CHARGE** on the Above Notes.

4) Excludes Parts & Shipping cost for parts

4) **No Changes to the Current Contract in Place – No price Increase**

Thanks again for your Consideration
Patrick Ramsey
President

American Fitness & Sport Supply Inc.
434-610-6107 – 800-434-4454
email: amfitness@aol.com

AMERICAN FITNESS & SPORT

STREET V. INC

P.O BOX 11526

LYNCHBURG, VA 24506

800-434-4454 - 434-610-6107

Email: amfitness@aol.com

Estimate

Date	Estimate #
8/1/2026	2918

Name / Address
VMI 330 VMI PARADE AVE RM 314 LEXINGTON, VA 24450

			Project
Description	Qty	Cost	Total
OPTION # 2 PRICE PER VISIT - IS \$ 5099.00 TOTAL FOR THE YEAR 4 VISITS \$ 20,396.00 QUARTERLY PREVENTIVE MAINTENANCE - ONE (1) TIME EVERY THREE(3)MONTHS, PRICE IS PER VISIT PLEASE SEE DETAILED PM CHECKLIST - DETAILED INSPECTION, CLEANING, LUBRICATION ETC - (ALL LOCATIONS)	1	4,499.00	4,499.00
6 WEEK CHECK UP - VISUAL INSPECTION, CHECK FOR ANY SIGNS OF WEAR, RUST, FACILITY STAFF CHECK UP, SAFETY INSPECTIONS ETC (ALL FACILITY LOCATIONS)	1	600.00	600.00
** THIS OPTION INCLUDES: A) FREE (NO CHARGE) DIAGNOSTIC / SERVICE / TRIP FEES /CALLS B) FREE (NO CHARGE) LABOR FEE TO DO REPAIRS ** DOES NOT INCLUDE PARTS COST OR SHIPPING COST FOR PARTS ** ALL PARTS & SHIPPING COST MUST BE APPROVED BY VMI BEFORE PARTS ORDER IS TO BE PLACED ** SITE VISITS CAN BE ADJUSTED AS NEEDED PER VMI NEEDS			
THANKS FOR YOUR CONSIDERATION!		Total	

Customer Signature _____

AMERICAN FITNESS & SPORT

STUDIO V, INC.

P.O BOX 11526

LYNCHBURG, VA 24506

800-434-4454 - 434-610-6107

Email: amfitness@aol.com

Estimate

Date	Estimate #
8/1/2026	2918

Name / Address
VMI 330 VMI PARADE AVE RM 314 LEXINGTON, VA 24450

			Project
Description	Qty	Cost	Total
Modification as needed consist of: ** the periodic PMS be scheduled and completed on a quarterly basis; ** provide detailed/accurate equipment list (subject to continual updating) be compiled using VMI and American Fitness personnel; **provide a written PMS requirements check list be compiled for each piece of equipment (or equipment "model/descriptor") and that this check list be used to verify completion of the scheduled periodic PMS; **in addition to the quarterly PMS, American Fitness be required to physically complete a "hands on" inspection of equipment inventory each six weeks to check for improper use or set up, damage, improper user cleaning, or other issues that may lead to unsafe conditions or premature equipment failures; **provide a written schedule of maintenance and review for each building at the beginning of each contract year; **provide reports of potential "end of life" issues with equipment; **provide a list of prioritized equipment (high usage, i.e., treadmills, bikes) to be checked regularly; **detailed preventative action and maintenance for rust and damage for barbells, cables, etc. **meet regularly, no less than twice per contract year, with each responsible party in each building serviced. Tax		5.30%	0.00
THANKS FOR YOUR CONSIDERATION!		Total	\$5,099.00

Customer Signature _____



REQUEST FOR PROPOSALS

RFP# V211-27-004

Fitness Equipment Repair and Maintenance

16 July 2026

Set-Aside for SBSB Certified SWaM Vendors Only

VIRGINIA ASSOCIATION
OF STATE COLLEGE &
UNIVERSITY PURCHASING
PROFESSIONALS

VASCUPP

Virginia Military Institute
Lexington, Virginia 24450-0304

REQUEST FOR PROPOSALS
RFP # V211-27-004

Issue Date: 16 July 2026

Title: Fitness Equipment Repair and Maintenance
Set-Aside for SBSB Certified SWaM Vendors Only

Pre-Proposal Conference Date: 22 July 2026 at 11:00 AM, Cocke Hall, Memorial Gardens – MANDATORY ATTENDANCE

Due Date: 12 August 2026 at 2:00 PM EST

Issuing Agency: Virginia Military Institute
Procurement Services
314 Smith Hall
Lexington, VA 24450

VMI will accept proposals electronically through the eVA Procurement Portal. Proposals must be uploaded to eVA before the electronic solicitation closes at 2:00 PM on Tuesday 12 August 2026 at 2:00 PM. No emailed or late proposals will be accepted

Period of Contract: One (1) year following Date of Award with four (4) optional one-year renewals available.

All Inquiries for Information Should Be Directed To: LTC Lynn Carmack, VMI Procurement Services at carmacklw@vmi.edu.
Use of the Understanding of Requirements Form, Attachment D, must be used. No phone calls will be accepted; no emails will be answered. Answers will be posted in the form of an addendum. The closing date and time for questions is 5:00 PM on 30 July 2026.

In Compliance With This Request For Proposals And To All The Conditions Imposed Therein And Hereby Incorporated By Reference, The Undersigned Offers And Agrees To Furnish The Goods/Services In Accordance With The Attached Signed Proposal Or As Mutually Agreed Upon By Subsequent Negotiation.

Name And Address Of Firm:

AMERICAN FITNESS &
SPORT SUPPLY INC
P.O. BOX 11526
LYNCHBURG Zip Code: 24506

Date:

By:

Name:

Title:

8/1/26

(Signature In Ink)

(Please Print)

PATRICK RAMSEY
PRESIDENT

EVA Vendor ID or DUNS number

E-mail:

883890147

AMFITNESS@AOL.COM

Phone:

Fax:

434-610-6107

Minority Vendor:

Woman owned:

Small Business

☒ CERTIFICATION #:

Note: This public body does not discriminate against faith-based organizations in accordance with the Code of Virginia, § 2.2-4343.1 or against a bidder or offeror because of race, religion, color, sex, national origin, age, disability, sexual orientation, gender identity, political affiliation, or veteran status or any other basis prohibited by state law relating to discrimination in employment. Faith-based organizations may request that the issuing agency not include subparagraph 1.f in General Terms and Condition C. Such a request shall be in writing and explain why an exception should be made in that invitation to bid or request for proposal.

ATTACHMENT A

The following information is required as part of your response to this solicitation. Failure to complete and submit this form may result in disqualification of your bid as non-responsive.

QUALIFICATIONS: The vendor must have the capability and capacity in all respects to satisfy fully all of the contractual requirements.

VENDOR'S PRIMARY CONTACT:

Name: PATRICK RAMSEY Phone: 434-610-6107
Email: AMFIT@AOL.COM

Length of Time in this Business: YEARS: 33 MONTHS: _____

REFERENCES: Indicate below a listing of at least three (3) current or recent accounts, either commercial, industrial or governmental, that your company is servicing, has serviced, or has provided similar goods/services. Include the length of service and the name, address and telephone number of the point of contact.

COMPANY: VMI CONTACT NAME: COMMADOR
CHP BARBER

PHONE: 540-464-7657 EMAIL: BARBER@VMI.EDU
FAX: _____

PROJECT: SALES & SERVICE ALL WEIGHT Rms on Post
DATE(S) OF SERVICE: 2021 - Present VALUE: \$ 21 K PUS

COMPANY: WASHINGTON & LEE UNIV. CONTACT NAME: PATTI COLLITON
PHONE: 540-458-8287 EMAIL: COLLITON@WLU.EDU
FAX: _____

PROJECT: SALES & SERVICE
DATE(S) OF SERVICE: 2019 - Present VALUE: \$ 20 K PUS

COMPANY: UNIVERSITY OF LYNCHBURG CONTACT NAME: STEVE BRADNEY
PHONE: 434-544-8552 EMAIL: BRADNEY.S@LYNCHBURG.EDU
FAX: _____

PROJECT: SALES & SERVICE
DATE(S) OF SERVICE: 1995 - Present VALUE: \$ 100 K PUS

ATTACHMENT B

CONFLICT OF INTEREST STATEMENT

The following information is required as part of your response to this solicitation. Failure to complete and submit this form may result in disqualification of your bid as non-responsive.

NAME: AMERICAN FITNESS & SPORT SUPPLY INC
ADDRESS: P.O. Box 11526
CITY/STATE: LYNCHBURG, VA 24506
TELEPHONE NUMBER: 800-434-4454 - 434-610-6107
FEDERAL ID NUMBER (FIN): 54-1751698

THE ABOVE FIRM IS A: (CHECK, AS APPLICABLE)

- | | |
|--|---|
| ☒ SMALL BUSINESS | ☐ INDIVIDUAL BUSINESS |
| ☐ WOMAN-OWNED BUSINESS | ☐ SOLE PROPRIETORSHIP |
| ☐ MINORITY-OWNED BUSINESS | ☐ PARTNERSHIP |
| ☐ SHELTERED WORKSHOP | ☒ CORPORATION |

RELATIONSHIP WITH VIRGINIA MILITARY INSTITUTE:

IS ANY MEMBER OF THE FIRM AN EMPLOYEE OF THE COMMONWEALTH OF VIRGINIA WHO HAS A PERSONAL INTEREST IN THIS CONTRACT PURSUANT TO THE CODE OF VIRGINIA, SECTION 2.1-639.1-639.24? () YES ☒ NO

IF YES, EXPLAIN:

[Signature]
SIGNATURE OF OFFEROR

8/1/26
DATE

Please tell us how you received this solicitation:

- () It was mailed to you directly.
- () You requested a copy through the Virginia Business Opportunities.
- () You obtained a copy from the Virginia Department of Minority Business Enterprise.
- () Other (please specify) EVA

**ATTACHMENT C
SAMPLE CONTRACT**

VIRGINIA MILITARY INSTITUTE

Lexington, Virginia 24450

PROCUREMENT SERVICES

Phone 540-464-7323

Fax 540-464-7669

314 Smith Hall

COMMONWEALTH OF VIRGINIA

STANDARD CONTRACT

Contract Number: _____

This contract entered into this _____ day of _____ 2026 between _____
SSN/FIN: _____, hereinafter known as the "Contractor"
and the Commonwealth of Virginia, Virginia Military Institute, hereinafter known as "VMI."

WITNESSETH that the Contractor and the Purchasing Agency, in consideration of the mutual covenants, promises and agreements herein contained, agree as follows:

SCOPE OF CONTRACT: The Contractor shall _____.

PERIOD OF PERFORMANCE: _____.

COMPENSATION AND METHOD OF PAYMENT: The Contractor shall be paid \$ _____
(_____00/100 Dollars). In accordance with the
Commonwealth of Virginia's *Prompt Payment Act* terms are Net 30 days from receipt of invoice.

CONTRACT DOCUMENTS: The contract documents shall consist of:

- (1) This signed form
- (2) The Contractor's Proposal/Bid and any modifications, if applicable.
- (3) The General Terms and Conditions
- (4) Special Terms and Conditions as required

IN WITNESS WHEREOF, the parties have caused this Contract to be duly executed intending to be bound thereby.

CONTRACTOR:

PURCHASING AGENCY:

By: _____

By: LTC Lynn W. Carmack, CUPO, CPPO

For: _____

For: Virginia Military Institute

Date: _____

Date: _____



UNDERSTANDING OF REQUIREMENTS

RFP #V211-27-004

Fitness Equipment Repair and Maintenance

Virginia Military Institute

Procurement Services

OFFEROR: American Fitness & Sport Supply Inc
Date: 8/1/26

The following question concerns specifications, Section (number) N/A

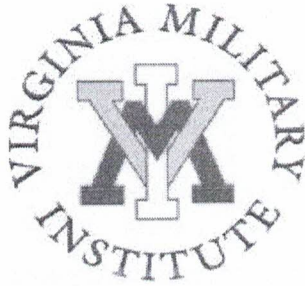
Paragraph _____, page _____.

NONE

All responses to questions will be made by Addendum

Questions Submitted by: PATRICK RAMBOY
NAME
AMERICAN FITNESS & SPORT SUPPLY
FIRM
434-610-6107
PHONE
AMFITNESS@AOL.COM
EMAIL

This form may be sent by E-Mail to Lynn Carmack carmacklw@vmi.edu.



ADDENDUM 1 V211-27-004

330 Parade Avenue
Phone: 540-464-7323

Lexington, VA 24450
Fax: 540-464-7682

Project: *Fitness Equipment Repair and Maintenance*

Date/Time: 20 July 2026

To: *Prospective Offerors*

This Addendum forms a part of the Contract Documents and modifies, corrects or supplements the original RFP documents dated 16 July 2026.

Pre-Proposal Conference: The Pre-Proposal Conference has been moved to **Thursday, 30 July 2026 at 9:30 AM**. This conference is in-person because it includes a site visit to multiple locations at VMI.

Location and Parking: VMI has limited parking on Post. The Pre-Proposal Conference will begin in Memorial Gardens (identified by the red oval on the map). There may be parking along the main VMI street – Letcher Avenue. Other parking areas are marked by blue rectangles.

Equipment List: A sample equipment list is attached for your reference.

Attachments: Post Map
Equipment List

Submitted by:

LTC Lynn Carmack
Assistant Director, Procurement Services
540-464-7223
procurement@vmi.edu

COCKE HALL

Equipment List

2026.7.17

(Matrix brand unless otherwise noted.)

Weight Room 206

10 power racks and platforms
20 Pendlay 45 lb. Olympic bars
16 The Matt Chan 45 lb. power bars
3 sets Troy 12 sided urethane dumbbell sets 5-50 lbs.
2 sets Troy 12 sided urethane dumbbell sets 80-100 lbs.
2 sets Troy kettlebells 5-90 lbs. plus racks
6 bench press benches
19 utility benches
2 decline benches
2 Magnum series leg presses
2 seated curl benches
2 REP ezcurl bars
1 Climbmill C3x
3 Verticle Knee Raise chairs
2 Magnum series glute/ham benches
1 hyperextension Roman chair
1 Smith machine
1 Magnum series 8-stack adjustable crossover station with lat and tricep pulldowns

Aura series selectorized equipment:

- 1 leg press
- 1 hip abductor/adductor
- 1 leg curl
- 1 leg extension
- 1 seated row
- 1 shoulder press
- 1 chest press
- 1 tricep extension
- 1 abdominal crunch
- 1 back extension
- 1 arm curl
- 1 later raise

1 Ultra series rear del/pec fly
4 treadmills T5x
1 Abcoaster
1 Total Body Cycle TBCC-02
6 medicine balls with handles and rack
5 exercise mats
3 plyometric boxes – foam, stackable
1 rower

Stability Room equipment:

- 3 foldable exercise mats
- 9 foam rollers
- 9 stability balls
- 6 BOSU Balls
- 10 medicine balls

Studio 509 Cardio Room

8 treadmills T-3x
2 climbers S-3x
2 upright cycles
2 recumbent cycles
3 elliptical trainers
1 rower

Studio 504 Faculty/Staff Weight Room

4 exercise mats
1 Troy 12 sided urethane dumbbells and stand
6 VTX medicine balls
2 BOSU balls
1 foam roller
1 utility bench

Magnum series selectorized equipment:

- 1 leg curl/extension
- 1 adjustable ab bench
- 1 shoulder press
- 1 lat pulldown/low row
- 1 bicep/tricep/shoulder/ab station
- 1 ab/lower back

1 multi-functional trainer

CORMACK HALL

Asset Description	Location	Serial No	Manufacturer	Purchase Date
Monark Anaerobic Test Ergometer	104-Cormack Hall	WBK233268U	Creative Health Products	4/1/2002
True Total Body Elliptical	104-Cormack Hall	08-CSX00666K	Mid Atlantic Fitness	1/12/2009
Trackmaster Tmx425c Treadmill	104-Cormack Hall	76841	ParvoMedics Inc	6/19/2009
True Full Commercial Treadmill	Cormack Hall	TCS8003691	Mid Atlantic Fitness	1/14/2013
True Full Commercial Treadmill	Cormack Hall	TCS8003701	Mid Atlantic Fitness	2/4/2013
Woodway 4 Front Treadmill	104-Cormack Hall	317580515	Woodway	6/25/2015
Velotron Dynafit Pro Ergometer	104-Cormack Hall	915		6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11521504019	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504015	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504005	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504010	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504009	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504002	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504006	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504011	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504018	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504007	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504008	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504016	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504004	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504017	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504012	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504014	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504003	Matrix	6/25/2015
Matrix Magnum Mega Power Rack	Cormack Hall	MGPAS11421504013	Matrix	6/25/2015
Matrix Magnum Series Leg Press	Cormack Hall	MGPL791504003	Matrix	6/25/2015
Matrix Aura Leg Extension	Cormack Hall	G3GM09E1412GA019	Matrix	6/25/2015
Nautilus Functional Trainer Single Rack	Cormack Hall	F3FT15019414	Nautilus	6/25/2015
Matrix Aura Series Rotary Hip	Cormack Hall	G3GM22E1504GA002	Matrix	6/25/2015
Stair Master Step Mill 3	null-Cormack Hall		BSN Sports	11/15/2017